

Equine Sports Science Seminar

Saturday 13 October 2018

Seminar Programme

08:00 – 09:00	Registration	
09:00 – 09:30	Welcome. Horse-saddle-rider interaction.	Russell Mackechnie-Guire
09:30 - 10:15	Measure lameness and gait quality – how do you do that?	Prof. Lars Roepstorff
10:15 – 11:00	Updates on proximal suspensory desmopathy and proximal metacarpal/proximal metatarsal pain.	Dr. Rachel Murray
11:00 – 11:30	Coffee Break	
11:30 – 12:15	Repetitive overload injuries in different sports: how do we prevent them?	Dr. Rachel Murray
12:15 – 13:00	How surface properties affect the horse.	Prof. Lars Roepstorff
13:00 – 14:00	Lunch	
14:00 – 15:00	Future possibilities in objective analysis of sports performance.	Prof. Lars Roepstorff
15:00 – 15:30	Muscle development for rehabilitation and performance: what are the options?	Dr. Rachel Murray
15:30 – 16:00	Coffee Break	
16:00 – 16:45	What are the athletic requirements of riders and how to train them?	Prof. Lars Roepstorff
16:45 - 17:00	Summary.	
17:00	Close	